

**WEEK AT A GLANCE: January 29 - February 4, 2023**

<b>Sunday</b>	<b>Service</b> - Rev. Deborah Hoekstra <b>Baptism Sunday</b> <b>Scripture Reading:</b> 1 Corinthians 1: 18-31 Matthew 5: 1-12	10:00 a.m.
<b>Monday</b>	Restorative Yoga Genesis U.I.B.	2:00 p.m. 6:00 p.m. 7:00 p.m.
<b>Thursday</b>	Bible Study Prayer Shawl Women's Retreat Meeting Choir	Noon 1:30 p.m. 3:30 p.m. 7:00 p.m.



## Grapevine: January 29, 2023 Staff

**WEEK AT A GLANCE: February 5 - February 11, 2023**

<b>Sunday</b>	<b>Service</b> - Rev. Mervin Gallant <b>Scripture Reading:</b> Isaiah 58: 1-9a Matthew 5: 13-20	10:00 a.m.
<b>Monday</b>	Book Club Restorative Yoga Genesis U.I.B.	Noon 2:00 p.m. 6:00 p.m. 7:00 p.m.
<b>Wednesday</b>	Games	1:00 p.m.
<b>Thursday</b>	Bible Study Choir	Noon 7:00 p.m.

**SUNDAY SERVICE PARTICIPANTS - Jan. 29, 2023**

**Service:** Rev. Deborah Hoekstra

**Service Assistant:** Shannon Larcombe

**Music Ministry:** Donna Graham, Lorna Walker & United in Bronze, Lori Geisbrecht, Susan Yohemas & Pam Sutherland

**A.V. Technicians:** Wade Hayden, Lionel Larcombe, Ken Hutchinson, Troy Sartison and Luke Sartison

**LAURIE SYMBALUK (Office Administrator):** 780-458-8355  
TUESDAY - FRIDAY 9:00 A.M. - 3:00 P.M.  
[office@stalbertunited.ca](mailto:office@stalbertunited.ca)

**REV. MERVIN GALLANT** Cell: 587-989-3579  
TUESDAY - FRIDAY 9:00 A.M. - 5:00 P.M.  
[mervin@stalbertunited.ca](mailto:mervin@stalbertunited.ca)

**REV. DEBORAH HOEKSTRA** Cell: 780- 983-2148  
TUESDAY - THURSDAY 9:30 A.M. - 3:00 P.M.  
[deborah1@stalbertunited.ca](mailto:deborah1@stalbertunited.ca)

**SANDY SKOGSTAD (Church Treasurer)**  
[treasurer1@stalbertunited.ca](mailto:treasurer1@stalbertunited.ca)

**DONNA GRAHAM (Organist/Accompanist)**  
[donnalynngraham@gmail.com](mailto:donnalynngraham@gmail.com)

**MARGARET WARD-JACK (Music Director)**  
[wardjack@shaw.ca](mailto:wardjack@shaw.ca)

**ROBERT POIRIER (Property Contact)**  
(587) 337-4256  
[properties@stalbertunited.ca](mailto:properties@stalbertunited.ca)

**To contact the Sunday School:**

[www.saucsundayschool.com](http://www.saucsundayschool.com)

**Or**

[amy@saucsundayschool.com](mailto:amy@saucsundayschool.com)

**SEEPEETZA**

Seepeetza copes by repressing her feelings and dissociating. Although this strategy momentarily eases her anxiety, it incurs the wrath of Sister Theo, who is easily roused to anger. Not only does Sister Theo forbid displays of affection; to her, illness is also a punishable offence. Seepeetza describes Sister Theo's reaction to her becoming infected with influenza: "She kept punching me on my back until I almost fell. Once she punched me and I got a boil on my back. I was scared to tell her, so I didn't."

Source: "Taking Back Our Spirits" by Jo-Ann Episkenew

**Note: Coming soon on SAUC website an article on scrip and how Metis lost land claims.**

**Living Into Right Relations (LIRR)**

**MATCHING DONATIONS TILL THE END OF JANUARY 2023.**

Be sure to write on your cheque donation:  
**"matching"**.

**GOOD NEWS, LADIES!!!**

We are returning to a wonderful aspect in the life of fellowship for the ladies of our congregation.



**"Women's Weekend" September 29-October 1<sup>st</sup>, 2023.**

We are having a preliminary planning meeting on Thursday, February 2<sup>nd</sup> at 3:30 in the church LOUNGE. We welcome ALL AGES to celebrate our togetherness. Our goal is to provide a space where all are able to participate. Our activities will be concentrated on the lower level of Rundles Mission Lodge, thereby eliminating the need for stair climbing for those who find it a challenge! Please join us to contribute ideas and talents to make this the best weekend ever!

**For further information please contact:**

Pam Sutherland (780 )914-8311

or

Wendy Poirier (780) 232-9663



### **“Taste of Africa” Presents:**

**What:** Celebrating Black History Month  
**Where:** Arden Theatre  
**When:** Saturday February 25, 2023  
**Time:** 4:00 p.m.

Purchase tickets online below:

<https://stalbert.ca/events/calendar/arden-theatre/taste-of-africa-celebrating-black-history-month1>

Please see attached poster for further details.

### **Black History Month**

The celebration of February as Black history (or African Heritage) month begins Feb. 2023. Officially recognized in Canada since 1996, it is a time to honour the contributions and struggles of peoples of African descent and as a way of building an understanding of African culture.

**St. Albert Outreach has designated Feb. 12 as Black History Sunday.**

Outreach will be conducting a special service.

### **The Ministry and Personnel Committee**

provides resources and support for the staff and the community of faith with respect to any issue affecting the paid staff of our church, including ministry personnel and lay employees.

If you have praise or concerns about any staff, these can be shared in signed correspondence with the committee. The matter will be considered confidentially by the M & P Committee, who will recommend action if required. Please place signed and sealed correspondence in our mailbox **(16)** in the church office or email **marianoberg45@gmail.com**. Please indicate if we may share a summary of your comments with the staff member involved.

**Members of the committee are:** Sandyne Beach-McCutcheon, Kathy Packford, Margaret Mitchell and Marian Oberg (Chair).



**The Africans and Descendants St. Albert cordially invite you to events:**

1. Free Movie nights at the St Albert Public Library on Fridays **Feb 3<sup>rd</sup>** and **10<sup>th</sup>**. African Treats will be served. See link to register

**Watch Parties link:**

- Feb. 3: <https://sapl.libcal.com/event/3697239>
- Feb. 10: <https://sapl.libcal.com/event/3697241>

2. **Feb 4<sup>th</sup>** at City Hall. Proclamation of Black history Month by the Mayor Cathy and other dignitaries will be in attendance. Treats will be served.

**Proclamation Registration link:**

<https://www.eventbrite.ca/e/black-history-month-proclamation-in-st-albert-2023-tickets-515849147687>

