

## WEEK AT A GLANCE – August 31 – September 6, 2020

<b>Tuesday</b>	Book Club	7:00 p.m.
<b>Wednesday</b>	Coffee Time via Zoom	11:00 a.m.
<b>Thursday</b>	Bible Study via Zoom	noon
<b>Sunday</b>	In-person worship with Rev. Mervin Gallant	10:00 a.m.

**Scripture Readings for September 6, 2020**  
Psalm 149  
Roman 13: 8-14

Links to videos for services are on the St. Albert United Church website.  
<https://stalbertunited.ca/services/>

## WEEK AT A GLANCE – September 7 – September 13, 2020

<b>Wednesday</b>	Coffee Time via Zoom	11:00 a.m.
<b>Thursday</b>	Bible Study via Zoom	noon
<b>Sunday</b>	In-person worship with Rev. Deborah Hoekstra	10:00 a.m.

**Scripture Readings for September 13, 2020**  
Psalm 103: 1-13  
Matthew 18: 21-35

Links to videos for services are on the St. Albert United Church website.  
<https://stalbertunited.ca/services/>

### **SAUC Bible Study Will Resume Via Zoom Thursday September 3<sup>rd</sup> At Noon.**

For all of September, bible study will continue via Zoom. We will re-evaluate at the beginning of October.

Please email Rev. Mervin Gallant if you would like to join our bible study group.

# Grapevine – August 30, 2020

## **PASTORAL CONTACTS BY APPOINTMENT ONLY DURING COVID-19:**

When Ministers are not in the office, they are available by phone and working from home at other times.

**Laurie Symbaluk (Office Administrator): 780-458-8355**  
**Tuesdays – Fridays in the office from 9:00 a.m. – 3:00 p.m.**

**Rev. Deborah Hoekstra Cell: 780- 983-2148**  
**Tuesdays and Thursdays in the office from 9:30 a.m. – 1:30 pm**

**Rev. Mervin Gallant Cell: 587- 989-3579**  
**Wednesdays and Fridays in the office from 9:30 am – 4:00 pm**

### **Worship with Val Ellis**

### **Scripture Readings for August 30, 2020**

Romans 12: 9-21  
Matthew 16: 21-28



# SAUC Protocols

## Phase 2 Guidelines for In-Person Worship

St Albert United Church (SAUC), endeavors to follow all of the Government guidelines and regulations that are currently in place and we are committed to keeping all of our protocols updated to reflect any changes to Government regulations.

The safety of all of our members, guests and staff is of utmost importance and for that reason, SAUC will be diligent in following all safety guidelines. We must look after one another and be respectful of the rules that have been put in place.

1. Current guidelines require that all people attending church maintain 2 meters of social distancing between participants unless they are members of family cohorts. Rows have been blocked off in the sanctuary and there must be three empty chairs between cohort groups to leave the required 2 meters of distancing.
2. If people are feeling at all unwell, we ask that they refrain from coming to the church. Anyone who has: experienced any COVID-19 symptoms over the last 14 days (including but not limited to: fever, shortness of breath, new or worsening cough, difficulty breathing, headaches, diarrhea, aches and pains, fatigue, sneezing, sore throat, and/or runny nose), has travelled outside of Canada over the last 14 days, or who has been in contact with a confirmed or probable case of COVID-19, cannot attend worship service. Upon entering the church for worship, people will be asked if they are experiencing any of the above symptoms.
3. **Masks are mandatory. Masks will be available from one of the greeters in the church should you not be able to supply your own. We also request that if people stop to visit once they leave the church, please continue to socially distance and wear their masks until they are in their vehicle.**
4. SAUC will keep a record of attendees for each service, along with contact information to allow for contact tracing should there be a positive case of COVID-19. This information will be destroyed after 14 days.
5. Because capacity will be limited to allow for social distancing, those wishing to attend worship will be required to register on the website or through the office ahead of time.
6. Attendees will be required to sanitize their hands and those of their children upon entering and before leaving the building.
7. All children are to be supervised to minimize touch points throughout the church. This includes visits to the bathroom. Wandering throughout the church is not allowed at this time.
8. No food or drink is to be served. Personal bottled water, and other beverages are allowed if they are in a spill-proof container.
9. As people arrive, they will be greeted outside the front door by a volunteer, who will provide a dose of hand sanitizer and will take people's temperature using a touchless, infra-red thermometer pointed at the person's wrist.
10. There will be two stations where masked volunteers would check the person's name off an attendance list. Access to the office will be restricted on Sunday mornings as we attempt to limit traffic in a tight workspace.
11. Inside the sanctuary, two ushers will help to guide people to their seats to help ensure distancing restrictions are adhered to and to ensure family/cohort groups are seated properly. Every other row of chairs has been blocked off with tape and there must be three empty chairs between cohort groups. Paper bulletins will not be utilized.
12. Congregational singing will not be permitted at this time.

13. Collection plates will not be passed but a collection plate will be placed in the narthex once the service has begun to allow people to drop their offerings as they leave the building.
  14. Egress from the church will be done in a fashion similar to when people leave the church following a wedding or funeral starting at the front of the sanctuary. Each row will exit one at a time in the direction of the main exit and the ushers will help to guide this process.
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**Safeway/Sobey's Gift Cards**  
**are still available for purchase thru Ken Hutchinson.**

He will arrange social distance delivery.

Email: [kdhutchkenson@gmail.com](mailto:kdhutchkenson@gmail.com)

**OR CALL**  
(780) 217-6961

**Genesis Ringers are looking for a couple of handbell ringers.**

If you would like to expand your music repertoire and channel that musical energy that's been bottled up, call the office and Laurie will pass your name on to Holly. Also, you may have neighbours, friends, children or grandchildren who would like to give it a go. The basic requirement is enthusiasm!

780-458-8355

**Blessing of the Backpacks**

**September 6<sup>th</sup>, 2020 at 11 a.m.**

**and**

**September 13<sup>th</sup>, 2020 at 11 a.m.**

**Location: St. Albert United Church Parking Lot**

To all children, youth and young adults who are heading off to classes (whether in-person, online, at home or any combination of those); this one is for YOU!

You are hereby invited to share in the Blessing of the Backpacks. We will be offering two opportunities to participate in this Drive Through Event.

In order to be ready for you, we kindly request that you register by contacting Laurie at the office either by telephone: (780) 458-8355 or by email: [office@stalbertunited.ca](mailto:office@stalbertunited.ca). This will help us to know how many people to expect. It will also allow us to make the event more personal.

Of course, no one will be turned away – this is church after all!  
St. Albert United Church: A Place where EVERYONE has room to Grow.



# KEEPING ON

I've dreamed many a dream that never came true  
I've seen them vanish at dawn  
But I've realized enough of my dreams, thank God,  
To make me want to dream on

I've prayed many prayers when no answer came  
Though I waited patient and long  
But answers have come to enough of my prayers  
To make me want to keep praying on

I've trusted many a friend that failed  
And left me to weep alone  
But I've found enough of my friends true blue  
To make me keep trusting on

I've sown many seed that fell by the way  
For the birds to feed upon  
But I've held enough golden sheaves in my hands  
To make me keep sowing on

I've drained the cup of disappointment and pain  
And gone many days without song  
But I've sipped enough nectar from the roses of life  
To make me want to live on

– anonymous

## SAUC Worship Options During COVID-19

The “**presider notes**” for each Sunday’s SAUC worship service will be available on the SAUC website link <https://stalbertunited.ca/> under the “Services” link <https://stalbertunited.ca/services/> on the same tab as the “COVID 19 News” link <https://stalbertunited.ca/covid-19-news/> each week. These notes are on the website and include the prayers, hymn suggestions, readings, and message of an entire SAUC worship service that you can access at any point for personal or family meditation/worship.

To find services from previous weeks click on the Archive link <https://stalbertunited.ca/archived-services/>

If you would like ‘**online live**’ worship options, here is a link that provides other churches who already have ‘streaming’ capabilities that have been put together by the national United Church of Canada: <https://arcg.is/1TaKqS>

### Offering online space for community and worship:

National resources will be posted on the national United Church page, above. For children and youth: The GO Project is offering online options. [Click here for details](#). If that link does not work, here is a direct link for the daily “Virtual Camps” for a) children and b) youth: <https://thegoproject.ca/virtual-camp/>  
A growing [national list of worship live streams is available here](#).

An option for those who find **religious poetry** to be a good meditative activity. Click on the following link.

<https://www.unfoldinglight.net/>