

***You are invited to attend our
FREE Retirement Living Information Session
The Upside of Rightsizing Your Life!***

Are you or your parents ready to downsize the family home but feel overwhelmed or in tears and don't know where to start?
Are you or your parents ready to downsize but need a plan of action to get started? **THIS SESSION IS FOR YOU!!**

Participate Today! Choose one of these session dates:

Sun, Mar 22

All sessions are at 2:00 p.m.

Presenter:

Karen Bodoano, Expert in Senior Moving and 1st Certified Move Manager in Western Canada.

Please call Angie:

587-708-4016

Or email at:

sa-marketing@allseniorscare.com

To reserve your spot!

Address:

St. Albert Retirement Residence
125 Everitt Drive N.
St. Albert, Alberta
780-569-2273

Join us for Palm Cross Folding at St. Albert United Church

Friday, April 3, 2020

7:00 p.m. – 8:30 p.m.

Instructions will be provided, and all ages are welcome!



Grapevine – March 15, 2020

THANK YOU THIS MORNING TO:

Service Assistant: Steven Fitzpatrick

Reader: Joyce Anhorn

Greeters: Lynne & John Tedder

Ushers: Marjory Wong

Counters: Lynne & John Tedder

Sound Team: Lionel Larcombe & Wade Hayden

PASTORAL EMERGENCIES

Office: 780-458-8355

Rev. Mervin Gallant Cell: (587) 989-3579

Rev. Deborah Hoekstra Cell: (780) 983-2148

Scripture Readings for March 22, 2020

1 Samuel 16: 1- 13

John 9: 1- 41

A FRIENDLY REMINDER:

The prayer box will be on the welcome table each Sunday. Please feel free to share your prayer request.

A note from Property:

We have our very own email address. Should you have any concerns, please use the following email address:

properties.sauc@gmail.com

WEEK AT A GLANCE: March 16 – March 22, 2020

Monday	UCW – Mary Martha Genesis U.I.B.	1:00 p.m. 6:00 p.m. 7:00 p.m.
Tuesday	UCW – Mizpah Council Meeting	1:30 p.m. 7:00 p.m.
Wednesday	Exploring end of life options	7:00 p.m.
Thursday	Bible Study Games Choir	Noon 1:30 p.m. 7:30 p.m.
Sunday	Worship	10:00 a.m.

WEEK AT A GLANCE: March 23 – March 29, 2020

Monday	Genesis U.I.B.	6:00 p.m. 7:00 p.m.
Wednesday	Broadview discussion group Planning Memorial and Funeral services	10:30 a.m. 7:00 p.m.
Thursday	Bible Study Choir	12 noon 7:30 p.m.
Saturday	Outreach Justice group	8:30 a.m.
Sunday	Worship Organ Concert	10:00 a.m. 3:00 p.m.

Celebrate National Affirming/PIE Day
CANCELLED Until Further Notice



St. Patrick's Day Dinner



CANCELLED Until Further Notice

Information on refunds will forthcoming

MONTHLY SERVICE SCHEDULE FOR CARE HOMES

Youville	1 st Wednesday	11:00 a.m.
St. Albert Retirement	2 nd Wednesday	10:30 a.m.
Chartwell	3 rd Thursday	10:30 a.m.
Citadel	4 th Tuesday	10:30 a.m.

Safeway/Sobey's Gift Cards

Will be available for purchase every 2nd and 4th Sunday.
The church receives a commission on this.

March 29, 2020

3:00 p.m. – 4:00 p.m. at SAUC

Our very own Donna Graham will be performing on the organ and piano,
along with a few guests!

Free Will Donations

Proceeds to the COMMUNITY REFUGE COMMITTEE of ST. ALBERT
(CRCSA)

Gently Used Toaster Is Desired For The Office

If anyone has an extra toaster that they would like to donate to the
church office, it would be greatly appreciated!

Please contact Laurie Symbaluk.

Thank you very much.

Exploring a Couple of End of Life Options:

- Palliative care/hospice care
- Medical assistance in dying

When: March 18, 2020

Where: Friendship Hall

Time: 7:00 p.m. – 8:30 p.m.

Presenters:

- Brad Peter, Director of the National Dying with Dignity Canada organization.
- Serena – sharing a personal story

Funerals and Memorial Services Why Have Them?

“People who take the time and make the effort to create meaningful funeral arrangements when someone loved dies often end up making new arrangements in their own lives. They remember and reconnect with what is most meaningful to them in life...strengthen bonds with family members and friends. They emerge changed, more authentic and purposeful. The best funerals remind us how we should live.” – Dr. Alan Wolfelt

In order for a funeral service to be a healing and meaningful experience, there are several tried and true elements that you should consider incorporating. Dr. Wolfelt tells us that these elements are necessary to facilitate the six needs that a funeral fulfills: 1) acknowledging the reality of the death, 2) embracing the pain of the loss, 3) remembering the person who died, 4) developing a new self-identity, 5) searching for meaning, and 6) receiving ongoing support from others.

If you are planning a funeral, whether because someone you love has died or you are making advance funeral plans, give thoughtful consideration to how you can implement these healing and meaningful elements.

When: March 25, 2020

Where: Sanctuary

Time: 7:00 – 8:30 p.m.

Who: Rev. Deborah

REGIONAL COUNCIL STATEMENT ON COVID-19 CORONAVIRUS

Mar 11, 2020

Dear Friends in Christ,
Grace and peace to you all in this Lenten season. We write to you on behalf of the Northern Spirit Regional Council Executive and in the interests of well-being for all our Communities of Faith. Discussion about COVID-19 is growing as confirmed cases of COVID-19 (coronavirus) continue to spread. Emergency situations are a potential

reality for all communities. Taking the time to plan how we would respond to the day-to-day needs of our faith communities during such events is essential. The United Church of Canada has prepared and updated the Emergency Plan document (see links below) to help communities of faith plan ahead for contingencies that may or may not arise, realizing that planning ahead is a way to reduce anxiety.

We urge communities of faith to respond to COVID-19 with compassion, prevention, and prayer. As we have seen, COVID-19 does not discriminate. We need to be aware of racial stereotyping and racist responses, as some countries are hit harder than others and some Canadians choose to use this reality to discriminate against others.

Below we have included links to reliable sources of information to help you keep updated in your area and urge you to follow the prevention techniques supplied by the federal government and provincial and territorial health authorities.

As we move forward, the Regional Council Executive will keep informed and make decisions and back-up plans should restrictions of large gatherings become a reality for us.

Blessings and strength to all,

Shannon McCarthy, Executive Minister,
Ruth Lumax, Chair, Northern Spirit Regional Council Executive.

United Church of Canada:

[Statement](#)

[Emergency Plan](#) (updated March 2020)

Government of Canada:

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>

Northern Spirit Regional Council:

<https://www.albertahealthservices.ca/topics/Page16944.aspx>

[http://www.bccdc.ca/health-info/diseases-conditions/coronavirus-\(novel\)](http://www.bccdc.ca/health-info/diseases-conditions/coronavirus-(novel))

<https://www.hss.gov.nt.ca/en/services/coronavirus-disease-covid-19/coronavirus-disease-covid-19-faqs>