

**You are invited to attend our
FREE Retirement Living Information Session**

The Upside of Rightsizing Your Life!

Are you or your parents ready to downsize the family home but feel overwhelmed or in tears and don't know where to start?
Are you or your parents ready to downsize but need a plan of action to get started? **THIS SESSION IS FOR YOU!!**

Participate Today! Choose one of these session dates:

Wed, Mar 17 / Sun, Mar 22

All sessions are at 2:00 p.m.

Presenter:

Karen Bodoano, Expert in Senior Moving and 1st Certified Move Manager in Western Canada.

Please call Angie:

587-708-4016

Or email at:

sa-marketing@allseniorscare.com

To reserve your spot!

Address:

St. Albert Retirement Residence
125 Everitt Drive N.
St. Albert, Alberta
780-569-2273

Grandmothers Fabric Sale May 2nd

The local Grandmother group is collecting fabric (min 1/2 m) notions and yarn for their sale.

Please see - Laureen Wright, Marilyn McSporrان, Kay Douglas or Ann Sargent if you have something to donate.

We will accept donations until March 31st.

Grapevine – March 1, 2020

THANK YOU THIS MORNING TO:

Service Assistant: Anne Carol

Reader: Marilyn McSporrان

Greeters: Carol Brown & Vi Rutherford

Ushers: Bobbee Healy & Judy Wolfe

Counters: Roberta Edwards & Vi Oko

Sound Team: Lionel Larcombe & Wade Hayden

Coffee Time: Marilyn McSporrان, Mavis Branston & Nelda Arnst

PASTORAL EMERGENCIES

Office: 780-458-8355

Rev. Mervin Gallant Cell: (587) 989-3579

Rev. Deborah Hoekstra Cell: (780) 983-2148

Scripture Readings for March 8, 2020

Genesis 12: 1-4a

John 3: 1-17

WEEK AT A GLANCE: March 2 – March 8, 2020

Monday	U.I.B.	7:00 p.m.
Tuesday	UCW – General Book Club	9:30 a.m. 7:00 p.m.
Wednesday	Love Our Neighbour	7:00 p.m.
Thursday	Bible Study Prayer Shawl Choir	noon 1:30 p.m. 7:30 p.m.
Friday	The World Day of Prayer <i>Holy Family Parish</i>	2:00 p.m.
Sunday	Worship	10:00 a.m.

WEEK AT A GLANCE: March 9 – March 15, 2020

Monday	Ann Sargent U.I.B.	1:00 p.m. 7:00 p.m.
Tuesday	Retreat Meeting Ministry of Worship	1:30 p.m. 7:00 p.m.
Wednesday	UCW – Shalom Death Café Discussion	7:30 p.m. 7:00 p.m.
Thursday	L.I.R.R. Bible Study Choir	10:00 a.m. noon 7:30 p.m.
Sunday	Worship P.I.E. – Rev. Mervin St. Patrick's Dinner	10:00 a.m. 11:30 a.m. 5:00 p.m.

Attention All Ladies!

A planning meeting for the Ladies' Getaway Weekend will be held on:
Tuesday, March 10th at 1:30 in the church lounge.

This will be the 30th anniversary of this wonderful weekend get-away! Ladies of all ages, please save the dates of September 18 to 20th to share in FELLOWSHIP, FOOD, FRIENDSHIP AND REFLECTION at Rundles' Mission at Pigeon Lake. We would appreciate your help in planning and facilitating.

A FRIENDLY REMINDER:

The prayer box will be on the welcome table each Sunday. Please feel free to share your prayer request.

MONTHLY SERVICE SCHEDULE FOR CARE HOMES

Youville	1 st Wednesday	11:00 a.m.
St. Albert Retirement	2 nd Wednesday	10:30 a.m.
Chartwell	3 rd Thursday	10:30 a.m.
Citadel	4 th Tuesday	10:30 a.m.

The World Day of Prayer

Is a global ecumenical movement led by Christian women who welcome you to join in prayer and action for peace and justice.

The women from Zimbabwe have prepared the service for this year.

This year the service will be held at:

Holy Family Parish

Friday March 6, 2020 at 2 P.M.

located at 75 Poirier Ave.

There is a lot of handicap parking at this location.

Please join us for this service and refreshments.

WHAT DOES IT MEAN TO LOVE OUR NEIGHBOUR: A COMMUNITY EXPLORATION

Program Purpose

Through the spring/summer of 2019 Rev. Mervin Gallant was on sabbatical meeting with a variety of marginalized community groups. Through these conversations it became clear that to be supportive of these neighbours in our community we need to get to know their stories and build relationships. Come hear the stories of a different group of folks each week, ask your questions, join in a discussion of how we can be more supportive neighbours to each other.

Upcoming Date: Wednesday, March 4, 2020

Where: SAUC Sanctuary

When: 7:00-8:30PM

Theme: Elder Abuse

Presenting Group: SAIF Society of St Albert

One of the things SAIF has been working on this year, is looking to build community resiliency around the issue of Elder Abuse. SAIF funding was cut effective Jan 1, 2020 and so SAIF has been working diligently to help create tools for the community when dealing with Elder Abuse for when they can't call SAIF any longer to help them:

Our topics will be:

- what is Elder Abuse?
- what can you do when you suspect a loved one is being abused?
- what are the steps to take with regards to different types of elder abuse?

We'll share some success stories

Celebrate National Affirming/PIE Day March 15, 2020!

Why PIE? PIE = Public. Intentional. Explicit.

Those are the standards we hold ourselves to when we become an Affirming, Welcoming, and Inclusive community.

SAUC P.I.E. Day Celebration will take place following the worship service on Sunday, March 15.

Watch for details in the coming weeks!



St. Patrick's Day Dinner March 15, 2020

**\$30 per adult & \$15 per child under 12 years of age
Beer, Wine & Baileys will be available for \$6 each.**

St. Albert United Church

Doors open at 5:00 p.m.

Dinner will be at 5:30 p.m.

The Irish Dancers are back and ready to entertain us once again!
Tickets will be available on Sunday mornings before & after church. You will also be able to purchase tickets from Laurie at the church office.

There may be a prize for the best Irish outfit!!

MENU

Irish Beef Stew, Roast Chicken, Mixed Veggies, Caesar Salad, Layered Taco Salad, Pickles, Cheese, Desserts, Coffee & Tea.

PANCAKE TUESDAY RESULTS:

Many thanks to all those unsung heroes who helped make the Shrove Tuesday Pancake Supper happen! We are so grateful for your generous sharing of time and energy.

We collected over \$1000 in offering and over \$700 of this is profit and goes to help with fellowship activities for our church.

Are you looking for more information on the Death Café

Brochures are on the Welcome table. Please help yourselves.

Safeway/Sobey's Gift Cards

Will be available for purchase every 2nd and 4th Sunday.

The church receives a commission on this.

March 29, 2020 3:00 p.m. – 4:00 p.m. at SAUC

Our very own Donna Graham will be performing on the organ and piano, along with a few guests!

Free Will Donations

Proceeds to the COMMUNITY REFUGE COMMITTEE of ST. ALBERT (CRCSA)

Coffee Roster:

As of March 1, 2020 the UCW will no longer have assigned months for Sunday coffee preparation.

This will now be a total congregation participation. Instructions are available below the sign up roster.

Please sign up as you are able. At least two people are required to make the coffee, tea, juice and set up the tables each Sunday. A third person just makes it easier for all.

Sundays when there is no one or only one volunteer, coffee will not be served.

From coordinators: Bobbee & Laureen

Are you and your family concerned about a loved one's substance use and or addiction...?

SVBC is hosting a METH Drug Education Forum titled "Not In My Family – Parents Empowering Parents Talks"

This Drug Education Forum will have a panel of experts and lived experience followed by a question and answer period

PEP provides program to families seeking help for children with substance use or addiction, and how to stay healthy in the midst of chaos.

At Sturgeon Valley Baptist Church Thursday March 5th, 2020, 6:00-8:30 pm

<https://pepsociety.ca/wp-content/uploads/2020/02/Not-in-My-Family-Poster-3.pdf>